

GETTING STARTED · AGES 3-8

# 15-Minute Home English Routine

ONE-PAGE CHEAT SHEET

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- 1 Talk before you write**  
Spoken English first for kids under 8.
- 2 5 min: read aloud together**  
You read, they follow or repeat a line.
- 3 5 min: one new word, used 3x**  
Use it in 3 sentences across the day.
- 4 5 min: free talk**  
No correction, no worksheet.
- 5 Don't correct mid-flow**  
Kids disengage from anything evaluated.
- 6 Mixing languages is normal**  
Model the English word back gently.
- 7 Consistency beats intensity**  
15 calm minutes daily beats one dreaded hour weekly.